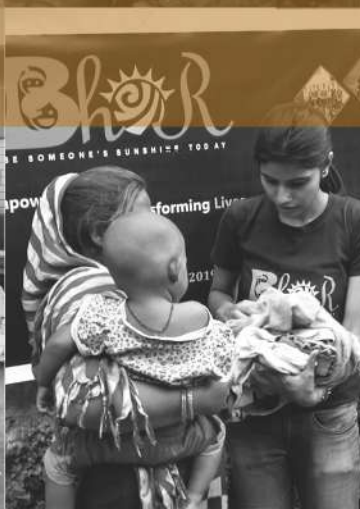


# Bh@R

BE SOMEONE'S SUNSHINE TODAY







# C O N T E N T

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- Message from our FOUNDERS
- About BHOR
- Glance across our INDENTITY and VALUES
- Introducing our TEAM
- List of PROJECTS undertaken





“Investing in children is an act of nation building. While we march ahead on the path of development, it is the responsibility of all of us to ensure that street children are not left behind in the process. They must be provided with opportunities to grow in a stimulating environment. Keeping that in mind, we continued to upkeep our commitment towards the development of street and working children.”

*-Mithilesh Pandey Co-founder, BHOR*



"Mother Teresa once said, "Loneliness and the feeling of unwanted is the most terrible poverty". Our aim is not just teaching people but to empower them with the abilities to have access to all the basic necessities of life enabling them to earn respect and dignity for themselves and their future generation. As the Co-founder of BHOR I strongly believe that it's our duty and responsibility to give back to the society in which we live, in return of the many things we avail from it in our day-to day lives. BHOR as an organization stems from this root belief. Me and my teams' quest to serve the destitute gives us the strength to work with full dedication, sincerity and honesty. We dream to see a brighter India with this little initiative of ours and know that our dreams will bear fruit soon as we are not alone. The backbone of BHOR is its Sponsors, Volunteers and all supporters and well wishers who have helped BHOR in many different ways."

*-Indu Pandey Co-founder, BHOR*

## ABOUT BHOR

BHOR is a registered not for profit organisation that is run by working professionals, academicians and visionaries who share a common goal of social upliftment of the society we belong to.

### OBJECTIVE:

- Provide *opportunities* for street and working children to grow in a stimulating environment.
  - *Community development* in the rural areas.
- Organize *Health, Educational and Welfare programmes* for the needy women and children.
- Promote and create *awareness about social responsibilities and individual governance practices* amongst women and graduates by conducting seminars, workshops and conferences of the subject matter.
- Achieve *equality for women through education and litigation*. Our aim is to work towards uplifting the status of the women in the society by encouraging women to take part and engage in social activities in order to increase their presence outside the homes.
  - Promote the *education of girls/women* in the rural areas and *support the needs of poor families*.

BHOR believes that unless members of the civil society are proactively involved in the process of development, sustainable change will not happen. BHOR partners with various entities – government, corporates, individuals and other NGO/NPOs for several undertakings of greater good.

# OUR *IDENTITY* AND *VALUES*

*The following values strongly guide projects, strategies, policies, protocols, staff behaviour - internally and externally at BHOR.*

## **Respect**

To respect and value views and feelings of those within and outside organization. To express ourselves, our opinions, suggestions and feelings in a respectful manner while respecting the person's views.

## **Accountability**

To work with complete transparency and integrity, in a manner where the employee is accountable towards the organisation and all internal and external stakeholders for his actions.

## **Transparency**

To be transparent in our work and fairly share information, ideas, opinions as well as talk about our failures and mistakes with all internal and external stakeholders.

## **Integrity**

To be honest and true to ourself and others. To be authentic and consistent in one's behaviour, action and words.

## **Quality-Driven Excellence**

To pursue excellence and best quality standards in all our attempts towards organizing initiatives.

## **Freedom**

To have the freedom to bring new perception to tackle individual matters.

## **Trust**

To have faith in oneself and a firm belief in the goodness of all people.

## **Fairness**

To be fair in one's actions and dealings with internal and external stakeholders.

## **Empathy**

To have unconditional positive regard towards our beneficiaries and stakeholders, understand their perspective or circumstance, emotions and feelings in spite of it being different from ours.

## **Passion**

To demonstrate enthusiasm and dedication in everything that BHOR does and to stand up for what BHOR believes in.

## OUR *TEAM*



*Mithilesh Pandey, Co-founder*



*Rohit Gyanish, Consultant*



*Sneha Pandey, Trustee*

*Indu Pandey, Co-founder*



*Md. Ejazuddin, Project Manager*



*Anisha Pandey, Trustee*





LIST OF *PROJECTS* UNDERTAKEN



*Project ALERT*

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*Project YUVAAN*



*Project SHIKSHA*

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*Project GIVE A SMILE*



*Project COUNTRYSIDE*

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*RIVER CLEAN-UP DRIVE*





## PROJECT ALERT

**Objective:** To actively engage with kids in schools, our nation's future generation; to educate/guide all the students on various topics such as 'Environment Protection', 'Water Conservation', 'Good touch Bad touch' etc. through our Mega training/awareness workshops. In today's times, we hear a lot about child abuse and molestation. It's high time, we start teaching young children about "Good Touch Bad Touch" to help prevent more damage. Every single day, the media reports such cases where young children, both boys and girls, are sexually abused by adults around them. The problem is that they do not even know what is happening. It is still a sensitive topic for parents to talk to their children, so most of them endure the unawareness. The same goes for schools as well. At times, we hesitate to take up and speak on sensitive topics. But, the fact remains that it is very important for the betterment of the young children that they know about and can deal with it if they ever come across a situation like this. The goal of Project Alert is to inform children about the dangers of such instances without causing any anxiety.

In the last few months BHOR has organized workshops on "Good touch and Bad touch" in various schools. Students from class 1 to 6 actively participated in workshops where they were taught about their "Safe zones". **Speaker Md. Ejazuddin**, with the help of videos, pictures and power point presentations explained the students *how to differentiate and identify "bad touch" and other "uncomfortable behavior" from others*. They were also given instructions on how one should react or respond in an uncomfortable situation. These workshops *help break down the barriers in initiating conversation on personal safety* and promote a healthy attitude towards the body, including private body parts, free of shame or embarrassment. It *boosts children's self-esteem*, helps them understand their body belongs to them and encourage them to take an active part in keeping themselves safe by refusing an unsafe touch and seeking help. We are currently partnering with different schools and government authorities to conduct more such workshops and we have received an overwhelming response from them.

We also conduct yoga sessions for these schools. **Our NGO volunteer, Shashi L. Ceriani, from Italy is a professional yoga trainer who teaches yoga to the students.**



*BHOR has also got approval from District Education Officer, PBSSM, Birbhum, Govt. of West Bengal to conduct Project Alert in Birbhum district.*

**22-9-2019: An educative workshop at the National Academy School, Kolkata**

Topic- 'Good touch and Bad touch' and 'Good habits and Bad habits'  
Speaker- Md. Ejazuddin who has years of relevant experience and expertise in working for the NGO sector.  
Participants- Students from class 1 to 6.

**3-11-2019: A gaming session organized by BHOR in Auxilliam Convent School, Kolkata**

BHOR organized a gaming session for Auxilliam Convent, a Catholic institution located in Kolkata, India. Apart from regular schooling, Auxilliam Convent provides pre-school education to underprivileged children consisting of orphans, minority children, poor and differently abled children.

**14-12-2019: BHOR organised a Yoga training session in Waheed Memorial G.S.F.P School**

BHOR conducted a Yoga session for the children of Waheed Memorial G. S. F. P School. Yoga Instructor, Shashi L. Ceriani Birendra from Italy demonstrated practical yoga asanas which the children could practice daily.

**29-02-2020: BHOR organised a Yoga training session in Orient Girls Madhyamik Shiksha Kendra**

Mr Shashi L. Ceriani, trained yoga instructor from Italy conducted a training session for students from class 1 to 5 and 5-10 respectively.

*We are currently partnering with various schools and government authorities to conduct more such workshops and we have received an overwhelming response from them.*





# PROJECT YUVAAN

The basic needs of human beings are food, shelter, and clothing. Crores of people are living far below the poverty line, lacking basic necessities. We see many old parents abandoned by their own children, who are struggling to obtain these basic necessities. Many spend nights on the foot paths and railway platforms, barely having anything to cover themselves with from the cold or rain. Alleviating their suffering is our basic responsibility as human beings. Many poor people, whose life is a daily struggle, cannot afford even these basic amenities. BHOR is working on providing these essentials to the needy by donating and distributing clothes, blankets, and towels.

**22-06-2019:**

*New clothes and bed sheets were distributed among children of 'Snehaneer Girls Home'. "Snehaneer" is a home away from home, a home for the innocent victim, for the infected and affected children of HIV.*



**July- August 2019:**

BHOR organised a cloth distribution event in areas around the slums of Kolkata and Birbhum in the months of July and August 2019. Utmost care was taken by the members to distribute clothes to the poor, who are in dire need of clothes. The clothes were collected from residents of Jodhpur Park, Kolkata. Every member of the BHOR made contribution by donating for these impoverished people. The donated clothes were initially selected for distribution in the unprivileged areas.

The members went around in groups to Park circus, Ballygunj, Central Avenue adjoining areas of Sealdah, slums near Tollyganj, Salt lake and Topsia to distribute clothes to those in need.

**04-12-2019:**

BHOR NGO, with the support of the Guides Group of Our Lady Queen of the Missions School (Park Circus), took an initiative to enhance the happiness of people residing in the slum areas near Park Circus and Topsia by distributing clothes to ones in need. Around 500 items of clothing were distributed throughout these areas,





## PROJECT SHIKSHA

*Objective is to sponsor underprivileged children's education:* BHOR is currently bearing all the educational expenses of Nasreen Khatun, a 11 year old girl studying in class 4, who stays with her mother and two siblings. Their only source of livelihood is selling balloons on the roadside. Nasreen was enrolled in the sponsorship program to enable her to continue her studies. Our financial support, will ensure that Nasreen's education is looked after.





## PROJECT *GIVE A SMILE*

DATE: 26th and 27th October 2019

*'Give a Smile' is a programme that fulfils small wishes of underprivileged people. The wishes of these people are not luxuries but necessities. They wear their widest and the brightest smiles when they get their favourite food, teddy bears, sports gears, foot wears, clothes, bags etc.*

BHOR volunteers help underprivileged write their wishes on wish cards, and collect them. Following this, BHOR informs the donors about these wishes and their willing to fulfil them. Once the donors make contributions, BHOR collects/buys the gifts and distributes it to the underprivileged. The donors, if interested can also join the volunteers in distributing those gifts.

Diwali is the festival of lights but unfortunately there are many who aren't lucky enough to celebrate it. So the team members made a small attempt in making their Diwali special by fulfilling their small wishes with the help of our generous donors. The team distributed gifts and food packets and in return got wide smiles on their beautiful faces.





## PROJECT *COUNTRYSIDE*

*The objective of this project is to provide sustainable and eco-friendly solutions to one's daily needs and thereby reducing our carbon footprint.*

Under this project BHOR has started making paper pens with a seed in it. These recycled paper pens, a great alternative to plastic ballpoint pens, don't just address the plastic menace but also contain seeds that can grow into veggie plants.

Project Countryside also aims to alerting and making people aware about the hazards of diminishing forest cover and the need to minimize plastic use through campaigns and workshops.







## RIVER CLEAN-UP DRIVE

*Every Sunday BHOR participates in the River clean up drive initiated and funded by BOUDDI Solutions.*

The Ganges River Clean Up is focused on environmental restoration and education on waste management.

Every weekend many volunteers enjoy the day by spreading awareness among the locals and visitors along the river and cleaning up trash at the same time.



*Please Note:*

With the spread of COVID-19 in India many cities have gone into complete lockdown to contain the spread of coronavirus. While team BHOR completely supports this move of Government, we also know that people from the bottom rung, surviving on daily wages, have become the immediate victims. At present, we at BHOR, are trying to raise funds for daily wagers (laborers, drivers, help, vendors, etc ) who have lost their livelihoods and need some money to survive this period until things get better. Because Corona might not kill them but poverty surely can!

*For more detail please follow our Facebook page- <https://www.facebook.com/bhor.kol.ngo/>*



BHOR is a registered public charitable trust which is working towards upliftment and empowerment of children and women. Its objective is to bridge the gap between rich and poor.

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